

## **SUPPORTIVE MEASURES, RESTRAINING ORDERS AND RESOURCES** *for UCR students who may have experienced sexual violence or harassment*

This resource document has information about how UCR can help Complainants by taking supportive measures. It provides information on how to request a restraining order. And starting on page 2, there is a listing of campus offices and community resources that may be helpful to students who have experienced sexual violence or sexual harassment. This document is part of a series of resources for UCR students, all available online.

**Supportive Measures.** UCR's Office of Title IX, Equal Opportunity & Affirmative Action (Title IX/EOAA) can help arrange or coordinate supportive measures for Complainants. Supportive measures that may be available, upon request and depending on the circumstances, include:

- Academic assistance, such as speaking with faculty to seek flexibility in due dates or changing advisors;
- Changes to dining arrangements, housing, or work environment;
- Provision of campus services, such as counseling, disability services, mental health services, and other services listed beginning on page 2 of this document;
- No-contact orders—a UCR order requiring that someone not contact, in any way, someone else, or that prohibits people from contacting each other.
- Placing the Respondent on some form of leave or suspension.

Supportive measures may be temporary or may become permanent, and may be modified.

**Protective and Restraining Orders.** In California, people may request a restraining order from a court. There are civil harassment restraining orders and domestic violence restraining orders. Restraining orders can order the restrained person not to contact you or go near you, to stay away from your home, work or school, and/or to not have a gun. Civil restraining orders are issued by courts and enforced by law enforcement officers throughout California, including by UCRPD. The California Courts website provides helpful information about the different types of [civil harassment restraining orders](#) and [domestic violence restraining orders](#) and how to obtain them. If you are a UCR employee and there is a threat of workplace violence, UCR itself may be able to seek a workplace violence restraining order from a court. Title IX/EOAA can help determine whether this is a possibility.




## RESOURCES

### Campus Resources

The following offices do not need to share information that they receive from you with Title IX/EOAA. (Most [UCR employees](#) are required to let Title IX/EOAA know, when they receive a report or information about sexual violence or sexual harassment.):

- **Campus Advocacy, Resources & Education (CARE)** is a trauma-informed office that provides primary prevention and advocacy support for individuals impacted by sexual assault, relationship violence and stalking. Students, staff and faculty can connect with a confidential CARE Advocate to explore academic accommodations, housing relocations, ongoing holistic healing support, safety planning and more. CARE Advocates can help individuals explore their decision to report, or not report, to UCRPD and/or the Title IX Office in a confidential space. If individuals decide to move forward through the Title IX and/or UCPD process, CARE Advocates can provide accompaniment and ongoing support throughout the process. Connect with CARE Advocates at (951) 827-6225 or [advocate@ucr.edu](mailto:advocate@ucr.edu).
- **Counseling and Psychological Services (CAPS)** offers FREE, confidential crisis support and short-term individual, group and couples counseling for all registered UCR students in CA. Services are provided by California licensed mental health providers who are trained to offer both in-person and virtual therapy. While COVID19 pandemic is impacting the campus community, all services are available virtually, including virtual walk-in appointments, as well as outreach and education, utilizing secure videoconferencing. To start services, ask questions, consult about concerns for yourself or others, call **951-827-5531** or **951-UCR-TALK**. Crisis consultation is available 24 hours per day, just call and select Option 1 to be connected immediately to a crisis counselor. For all other appointments, select option 2 to speak to the receptionists. The CAPS office is located in the Health Services Building, North Wing. For more information, self-help, resources and referrals visit [counseling.ucr.edu](http://counseling.ucr.edu).

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- **The Ombuds** provides a safe and comfortable environment to discuss complaints, concerns or problems on a confidential basis. The Ombuds acts as an independent and impartial resource. The Ombuds does not serve as an office of notice or record for the University. The Ombuds does not conduct formal investigations nor does it maintain or keep records. They can help individuals understand their options, and provide information about relevant campus resources and processes. Connect with the Ombuds at (951) 827-3213 or [ombuds@ucr.edu](mailto:ombuds@ucr.edu).

**The remaining offices may be required to share information they receive with Title IX/EOAA, if that information is a report or complaint of sexual violence or sexual harassment:**

- **University of California, Riverside Police Department** provides trauma-informed criminal investigations and support for individuals impacted by sexual assault, relationship violence and stalking. UCPD officers help connect survivors with support from CARE advocates, CAPS resources and all other campus resource offices. Connect with an officer at the UCPD station at 3500 Canyon Crest Drive, Emergency: 911, Non-emergency (951) 827-5222, 24 hours daily, 365 days a year.
- **Student Affairs Case Management** will provide support by helping you brainstorm, problem solve, and ultimately connect you to the right resources on or off campus for all issues whether psychological, social, relational, financial or academic. Connect with a Case Manager at (951) 827-5000 or go to our website to complete an Appointment Request Form to make an appointment- [casemanager@ucr.edu](mailto:casemanager@ucr.edu).
- **Student Health Services** Veitch Student Center, (951) 827-3031, 24-hours daily nurse line: (877) 351-3457.
- **International Affairs** provides support to international students, including guidance regarding visa and immigration issues. Location: 321 Skye Hall. Email: [internationalstudents@ucr.edu](mailto:internationalstudents@ucr.edu) Office phone: (951) 827 – 4113, After-hours emergency phone: (951) 206-8810.



## **Riverside-Area Community Resources**

- [Riverside Area Rape Crisis Center \(RARCC\)](#) provides culturally responsive advocacy, support and confidential services to survivors and their families who have been affected by any form(s) of sexual violence including sexual assault, domestic violence, and child abuse; and provides community education to achieve awareness and prevention of sexual violence. RARCC has a 24/7 hotline crisis number that can be used to speak to a certified crisis counselor (951) 686-7273 or (866) 686-7273. Other services include advocacy and accompaniment for survivors, self-defense classes, counseling, and support groups. Services are provided free of charge. 1845 Chicago Avenue, Suite A, Riverside, CA 92507.
- [Alternatives to Domestic Violence \(ADV\)](#) provides assistance to victims of domestic and dating violence and their families. ADV provides emergency shelter and long-term assistance for battered women and children who are in a dangerous situation due to an abusive relationship. 24 Hour-Crisis Line (951) 683-0829 or (800) 339-SAFE (7233).
- [Family Justice Center](#) for information about your rights as a crime victim, guidance through the criminal justice process, court support, obtaining a restraining or protective order, and personal safety planning. Riverside Location: 3900 Orange Street, Riverside, CA 92501. Phone: (951) 955-6100.